Ridge Community Guide

November 1, 2026

Celebrations

What was something from this past week or two that made you give thanks or praise?

Connection

Can you remember words of encouragement that have stayed with you for years? What made those words so meaningful, and how have they shaped your life?

Prayer

Pray about the celebrations or what someone has shared

Scripture Reading

James 3:1-12

J E S U S
C O M M U N I T Y
C I T Y

Conversations

1. **James connects spiritual maturity with controlling our speech (vv. 1–2). Why do you think our words are such a revealing measure of maturity? Why does James place particular responsibility on teachers?**

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2. **James compares the tongue to a horse's bit, a ship's rudder, and a small spark (vv. 3–6). How have you seen a few words change the direction of a relationship or situation?**

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3. **The sermon encouraged us to train our tongues to speak words of life — to express love, give meaningful compliments, and speak truth with gentleness.**
    a. Which of these comes most naturally to you?
    b. Which needs practice, especially when something difficult needs to be said?
    c. What does "practice" look like?

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4. **Destructive speech can include gossip, sarcasm, angry outbursts, and cutting criticism.**
    a. What reasons do we use to excuse or overlook destructive speech?
    b. How could we respond when a conversation begins moving in that direction?

5. **The sermon suggested "Stop, Drop, and Roll" as a way to pause before speaking or pressing "send."**
    a. What situations make it hardest for you to pause?
    b. What practical step could help you respond wisely without avoiding a conversation that needs to happen?

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6. **James points out the contradiction of praising God while cursing people made in his likeness (vv. 9–10). How does remembering that someone bears God's image change the way you speak to them—or about them—when you disagree?**

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7. **Read Luke 6:43–45. Jesus says, "The mouth speaks what the heart is full of." How have you noticed the way you speak change as you have grown in your relationship with Jesus? (Or maybe you have seen the change in someone else.) Give specific examples if you can.**

Spiritual Formation Practices

A Day of Noticing: Pick one day this week to simply notice your words before you speak them. Pause and ask, "Does this bring life or death?"

Send One Life-Giving Word: Text, call, or write one specific, genuine encouragement to someone this week – not a generic compliment – but something true and specific.

Prayer Requests

Leader's note: Ask for members to share praise and prayer requests. Invite them to pray for someone as you pray together. Ideally, also follow up on previous week's prayers for updates and potential answers of prayer to celebrate!

Ridge Serves

RidgeKids Needs YOU! | Help Disciple Our Grade 2s!

We're excited about the opportunity to create a new Grade 2 class in RidgeKids, and we'd love your help making it happen!

We're looking for 6–10 volunteers who have a heart for kids and a desire to pour out God's love, build meaningful relationships and help our Grade 2s grow in their faith.

There are opportunities to serve as Small Group Leaders or Small Group Support Volunteers, just once or twice a month, at whichever Sunday service works best for you!

And here's the great part: you'll still get to enjoy worship in the main service! When the kids are dismissed, you'll head down with your group, sit with them for the large group Bible lesson, and then help lead discussion and a fun activity in their Grade 2 small group.

All lessons and resources are provided, so you don't need to be an experienced teacher—just someone willing to show up, love kids and point them toward Jesus!

Small commitment. Big impact. Eternal significance!

Reach out to Kelly (**kelly@ridgechurch.ca**)

School Lunch Program: Chef Robbie and his team are looking for volunteers to drive and/or serve lunches in our elementary kids schools around the district. Lunches are served Wednesday - Friday between 11:00 - 12:30. Reach out to **hearthvolunteers@gmail.com**

Food Bank On Wheels (Non-perishables) & **Community Hub** (Clothing) donation bins are located in both entrances.

Ridge Reminders

IN Joy: Ladies, join us for a joy filled Christmas gathering where women can connect, create, worship, have fun, and support an Youth Unlimited who shows the love of Jesus to youth in around our City. Come as you are. Bring a friend!
Friday November 27 | 6:30pm - 8:30pm Tickets $10 | All net proceeds go to Youth Unlimited. No Childcare Available.

BE RIDGE City Christmas Dinner: We are very excited to invite our Community Groups to be part of something beautiful this Christmas! We'll be hosting a Christmas Dinner for our neighbours who gather at the COMMUNITY HUB, and we'd love for our Ridge Communities to help make this a wonderful evening!

Sunday, December 13th | 5:30–7:30 PM | LOWER AUDITORIUM

Our heart is to serve a lovely Christmas meal, sing some familiar Christmas carols and, most importantly, sit around the tables with our guests, share a meal, enjoy conversations and build genuine connections.

We're also collecting toques, mittens, gloves, scarves, hand warmers and warm socks to bless our guests with a little extra Christmas warmth.

Sunday Social: We will be having a Sunday Social on **November 29** after the 9am service! Join us for a meal around a table and have wonderful discussion with our church family! Tickets at the door are $8 for adults and $5 for kids.